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The Big Book Of Alcoholics Anonymous (Including Twelve Steps And Twelve Traditions)



Synopsis

ALCOHOLICS ANONYMOUS: The Story of How Many Thousands of Men and Women Have Recovered from Alcoholism (generally known as The Big Book) is a 1939 basic text, describing how to recover from alcoholism, written by the founders of Alcoholics Anonymous (AA), Bill W. & Dr. Bob. It is the originator of the seminal "twelve-step method" widely used to attempt to treat many addictions, from alcoholism and heroin addiction to marijuana addiction, as well as overeating, sex addiction, gambling addiction, and family members of alcoholics, with a strong spiritual and social emphasis. It is one of the best-selling books of all time, having sold 30 million copies. In 2011, Time magazine placed the book on its list of the 100 best and most influential books written in English since 1923, the beginning of the magazine.

Book Information

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Enhanced Typesetting: Enabled

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#13 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism #42 in Books > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step Programs

Customer Reviews

Cool!

good read

nice

book was in great condition

Wouldn't be without one!

A timeless classic demonstrating a way out of alcoholism. Very readable, although the style is of an earlier age. If you want to stop drinking, or are a family member of an alcoholic, I couldn't recommend any thing more useful in your quest for a sober life.

If your alcoholic or not this book has much to offer. Even though it was written many years ago the principles still apply. Some things never change. Good orderly direction, good character, principles before personalities. Try living a better life it can be done by reading and apply the steps of AA whether you're alcoholic or not.

I'm still reading this book so many issues unclear to me. I feel like an outside. I ask myself what is it saying and how does it actually work. Thank you for providing this big book to me at a very important time of my life. Our family is struggled with addiction. I'm just learning about it.

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